Empower Her

Confidence Building Women's Retreat

with Horses

HEAL ♥ GROW ♥ CONNECT ♥ RISE

BUILD CONFIDENCE

Discover your strength through connection with horses.

HEAL & RELEASE

Let go of what holds you back and make space for what's next.

GAIN NEW PERSPECTIVE

Find clarity, balance, and your true voice.

CONNECT

Build meaningful friendships with like-minded women.

STEP INTO YOUR POWER

Leave with renewed energy, confidence, and a plan for what's next.

OCTOBER 17, 2026
9:00 AM – 4:00 PM

Parker, CO
(Address provided upon registration)

$300

INCLUDES LUNCH, SNACKS, BEVERAGES & A COMPLIMENTARY THERAPY SESSION WITH CARLENE LACY TO BE SCHEDULED AT YOUR CONVENIENCE AFTER THE RETREAT.

Limited Spots Available!

REGISTER NOW BY CONTACTING ANY OF THE FACILITATORS.

FACILITATED BY

Comprehensive Counseling Solutions

Carlene Lacy, MS, LPCC, EMDR Certified
(570) 578-0043
carlene@comprehensivecounselingsolutions.com

Frannie's Equine Haven

Ashley Leary
Certified Equine Gestaltist™
(303) 929-1244
ashley@franniesequinehaven.com

Greatness UnBridled®

Dawn Mathis
Certified Equine Gestaltist™
(970) 481-5263
Dawn@GreatnessUnBridled.com

Horses don't judge. They help us be real.